

# Access to Health Services

Increasing access to affordable, high-quality, and convenient health care services can improve population health.

**Health Insurance.** Health insurance helps people reduce the amount they have to pay for health services. People with health insurance are more likely to receive or seek out routine care.

**Health Worker Availability.** Having more health workers in a community can help improve the availability of important preventive health services and reduce community member wait times for those services.



**Telehealth.** Telehealth can improve health service access for people without reliable transportation, people in rural or remote communities, and people who speak languages other than English.

**Transportation.** Reliable transportation to health services makes it easier to seek treatment. Mobile health units can be used to reach communities where reliable transportation is unavailable.