

Healthy People 2030 Leading Health Indicators (LHIs)

LHIs by life stage

All ages*

- Children, adolescents, and adults who use the oral health care system (2+ years)
- Consumption of calories from added sugars by persons aged 2 years and over (2+ years)
- Drug overdose deaths
- Exposure to unhealthy air
- Homicides
- Household food insecurity and hunger
- Persons who are vaccinated annually against seasonal influenza
- Persons who know their HIV status (13+ years)
- Persons with medical insurance (<65 years)
- Suicides

*Except where otherwise noted

Infants

- Infant deaths

Children and adolescents

- 4th grade students whose reading skills are at or above the proficient achievement level for their grade
- Adolescents with major depressive episodes (MDEs) who receive treatment
- Children and adolescents with obesity
- Current use of any tobacco products among adolescents

Adults and older adults

- Adults engaging in binge drinking of alcoholic beverages during the past 30 days
- Adults who meet current minimum guidelines for aerobic physical activity and muscle-strengthening activity
- Adults who receive a colorectal cancer screening based on the most recent guidelines (65+ years)
- Adults with hypertension whose blood pressure is under control
- Cigarette smoking in adults
- Employment among the working-age population
- Maternal deaths
- New cases of diagnosed diabetes in the population