Outline

• Federal leadership for PAG
• Subcommittee structure and support
• Public comments
• Milestone timeline
PAG HHS Leadership

• Lead: Office of Disease Prevention and Health Promotion (ODPHP)
• Centers for Disease Control and Prevention (CDC)
• National Institutes of Health (NIH)
• President’s Council on Fitness, Sports & Nutrition (PCFSN)
7 Co-Executive Secretaries

- **ODPHP**: Richard D. Olson, MD, MPH and Katrina L. Piercy, PhD, RD, ACSM-CEP
  - Rick is the Designated Federal Officer (DFO) and Katrina is the Alternate DFO
- **CDC**: Janet E. Fulton, PhD and Deborah Galuska, PhD
- **NIH**: Rachel Ballard, MD, MPH and Richard P. Troiano, PhD
- **PCFSN**: Shellie Y. Pfohl, MS
Co-Executive Secretaries
• Schedule and approve all PAGAC meetings
• Make logistical arrangements for PAGAC public meetings, including subcommittee meetings
• Prepare and approve all meeting agendas in consultation with the Committee Co-Chairs

Designated Federal Officer (DFO)
• Attends all meetings of the full Committee and work groups/subcommittees (or DFO representative)
• Initiates and adjourns full Committee meetings
2018 Physical Activity Guidelines Advisory Committee

- Ken Powell, MD, MPH, Co-chair
  Retired, CDC and Georgia Department of Human Resources
- Abby C. King, PhD, Co-chair
  Stanford University School of Medicine
- David Buchner, MD, MPH, FACSM
  University of Illinois
- Wayne Campbell, PhD
  Purdue University
- Loretta DiPietro, PhD, MPH, FACSM
  George Washington University
- Kirk I. Erickson, PhD
  University of Pittsburgh
- Charles H. Hillman, PhD
  Northeastern University
- John M. Jakicic, PhD
  University of Pittsburgh
- Kathleen F. Janz, EdD, FACSM
  University of Iowa
- Peter T. Katzmarzyk, PhD
  Pennington Biomedical Research Center
- William E. Kraus, MD, FACSM
  Duke University
- Richard F. Macko, MD
  University of Maryland School of Medicine
- David Marquez, PhD, FACSM
  University of Illinois at Chicago
- Anne McTiernan, MD, PhD, FACSM
  Fred Hutchinson Cancer Research Center
- Russell R. Pate, PhD, FACSM
  University of South Carolina
- Linda Pescatello, PhD, FACSM
  University of Connecticut School of Medicine
- Melicia C. Whitt-Glover, PhD, FACSM
  Gramercy Research Group
PAGAC Co-Chairs

- Will work with Co-Executive Secretaries to provide leadership to PAGAC
- **Abby C. King, PhD;** Professor, Health Research & Policy and Medicine, Stanford University School of Medicine
- **Ken Powell, MD, MPH;** Retired, CDC and Georgia Department of Human Resources
Subcommittee Structure and Support

- **Subcommittee leads**
  - PAGAC member will lead each subcommittee

- **Subcommittee liaisons** (federal staff)
  - Primary communicator between subcommittee and DFO/Co-Executive Secretaries

- **PAGAC member support**
  - Admin, post-doc, or graduate students can support the work of subcommittees through note taking, meeting scheduling, etc.

- **Consultants** (if requested)
  - Must be vetted before working with a subcommittee

- **Outside experts** (if requested)
  - Can give presentations to subcommittee or full PAGAC (can be a federal employee or non-federal employee)
Additional Subcommittee Support

- **Federal Support Staff**
  - Assists with subcommittees, public meeting support, travel, website, public comments, etc.
- **Science writer**
  - Supports development and editing of Scientific Advisory Report
- **Literature review team**
  - ICF International staff member will be assigned to each subcommittee
- **Data analysis**
  - CDC or NIH staff, when data requested
PAGAC to PAGAC Communication

• Co-Executive Secretary for subcommittee should be copied on all correspondence
  ◦ FACA requirement for government record

• Committee members cannot hold meetings without the DFO or designee present

• Refrain from e-mailing the entire Committee
  ◦ Deliberations of entire Committee must be in a public forum
  ◦ Documents available to all PAGAC members must be made available to public on request
Physical Activity Guidelines

The Physical Activity Guidelines for Americans (PAG) are an essential resource for health professional and policymakers. Based on the latest science, they provide guidance on how children and adults can improve their health through physical activity. Learn ways to help consumers understand the benefits of physical activity and how to make it a part of their regular routine.
• Written comments from the public will be accepted throughout the Committee’s deliberations via public comment database

• Each comment will be categorized by topic

• Public comment database (all comments can be viewed throughout the process): health.gov/paguidelines/pcd/

• Public oral testimony at second Committee meeting
PAG 2018 Policy Development and Implementation

Physical Activity Guidelines for Americans

Committee Chartered

Public Comment to Committee

Public and Federal Agency Comment to HHS

Public Committee Meetings: Review of Science

Scientific Advisory Report

HHS Develops Policy Document

Submitted to HHS Secretary

Phase 1

Phase 2

Phase 3

Phase 4

Chartered Meetings:
Review of Science Advisory Report
Develops Policy Document
Submitted to HHS Secretary
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| June 2016     | Appointments, Press Release, and *Federal Register* Notice               | • PAGAC appointed  
• First public meeting date announced                                                                                                                                                            |
| July 14-15, 2016 | 1st PAGAC Meeting                                                        | • Small groups begin discussing topic areas in breakout sessions on July 14  
• Topic areas discussed with full PAGAC in the public meeting on July 15  
• PAGAC organized into subcommittees  
• Public comments database is opened                                                                                        |
| Summer-Fall 2016 | Subcommittee work                                                        | • Subcommittees finalize and prioritize questions  
• Review of scientific evidence begins                                                                                                                                                                    |
| Fall 2016     | 2nd PAGAC Meeting                                                        | • Oral public comments accepted at this meeting  
• PAGAC agrees on topic/question list and approaches to answer questions                                                                                                                   |
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| Fall 2016- Spring 2017 | Subcommittee’s work | • Continue review of evidence using systematic reviews and evidence-based reports  
• Rough draft outline of the PAGAC Report |
| Spring 2017         | 3rd PAGAC Meeting             | • Subcommittees report on their work  
• Discussion of conclusion statements, implications, etc. with full PAGAC |
| Spring-Summer 2017  | Subcommittee’s work | • Science writer works with subcommittee leads and PAGAC co-chairs on chapter development  
• Drafting of Scientific Advisory Report underway |
| Summer 2017         | 4th PAGAC Meeting             | • Subcommittees report on their work  
• Discussion of conclusion statements, implications, etc. with full PAGAC |
### Milestones Timeline – 2017 Continued

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<tr>
<td>Summer 2017-</td>
<td>Subcommittee work</td>
<td>• Continue drafting Scientific Advisory Report</td>
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<tr>
<td>Fall 2017</td>
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<td>• Science writer supports subcommittees on editing and refining chapters</td>
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<tr>
<td>Fall 2017</td>
<td>5th PAGAC Meeting</td>
<td>• Presentation by subcommittees</td>
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<td>• Scientific Advisory Report nearly final</td>
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<td>• Last review of questions, conclusion statements, implications, etc.</td>
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<td>Winter 2017</td>
<td>Work of PAGAC complete</td>
<td>• PAGAC submits Scientific Advisory Report to HHS Secretary</td>
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<td>• PAGAC disbanded</td>
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Milestones Timeline – 2018

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| Winter-Summer 2018 | Federal staff work | • PAGAC Scientific Advisory Report made available for public comment  
• HHS considers Scientific Advisory Report, public and agency comments  
• HHS prepares the PAG policy document |
| Fall 2018     | Release of Guidelines | • HHS publishes the second edition of the Physical Activity Guidelines for Americans |