



Meeting 4

# Integration Chapter of the Scientific Report

Ken Powell

# Integrating the evidence



Summary table for every question

1. Types of studies
2. Summary Grade statement
3. Effect size
4. Effective PA dose (mode, duration, intensity, frequency)
5. Dose-response
6. Effect of age, sex, race/ethnicity

# Integrating the evidence



Question & Answer – Translate our findings into understandable language

1. Multicolored table with proposed Qs for 2018 compared with Qs from 2008
2. Topics from yesterdays discussions
  - a. Dose- or PA-related (type, intensity incl. sedentary, volume, consistency, etc.)
  - b. Person-related (age, specific populations, weight)
  - c. Promotion-related (bridging behavior and promotion)

# Integrating the evidence



## Relating 2018 to 2008

1. Every question to comment on how the information related to information in the 2008 Report. New, expand, update.
  - 3 examples to be distributed
2. For topics addressed in 2008 but not 2018: Distribute uncovered Qs (body of report and Integrating the Evidence section) to subcommittee leaders to assess acceptability for our use

# Integrating the evidence

1. Everyone remember the Integrating the Evidence section.
2. Add to every question info about how info relates to information in the 2008 Report.
3. Assess info in 2008 Report for our use
4. Ken & Abby to do most of writing, but everyone may be asked to draft of edit specific Q & As.