

Federal Agency Resources related to the Dietary Guidelines for Americans

Agency	Name of resource	Website link	Description
HHS and USDA	Dietary Guidelines	www.dietaryguidelines.gov	The U.S. Department of Health and Human Services (HHS) and the U.S. Department of Agriculture (USDA) have jointly published the Dietary Guidelines every 5 years since 1980. This website includes information for the 2015 Dietary Guidelines as well as archives of the previous Dietary Guidelines.
HHS	ODPHP	http://odphp.osophs.dhhs.gov/	Created by Congress in 1976, ODPHP plays a vital role in developing and coordinating a wide range of national disease prevention and health promotion activities. This website includes ODPHP resources, initiatives, opportunities, and evaluation reports.
HHS	Healthy People 2020	www.healthypeople.gov	Healthy People provides science-based, 10-year national objectives for improving the health of all Americans. The leading health indicators and the 2020 topics can be found here. In addition, the objectives and data are here, as well as the resources to help learn how to use and implement HP2020.
HHS	HP 2020 Nutrition and Weight Status Objectives	http://www.healthypeople.gov/2020/topicsobjectives2020/overview.aspx?topicid=29	The Nutrition and Weight Status objectives for Healthy People 2020 reflect strong science supporting the health benefits of eating a healthful diet and maintaining a healthy body weight. This link will provide the objectives, interventions and resources, as well as a National Snapshot and the National Data information for HP2020 nutrition and weight status.
HHS	HP 2020 Food Safety	http://www.healthypeople.gov/2020/topicsobjectives2020/overview.aspx?topicid=14	Foodborne illnesses are a burden on public health and contribute significantly to the cost of health care. A foodborne outbreak occurs when 2 or more cases of a similar illness result from eating the same food. This link will provide the objectives, interventions and resources, as well as a National Snapshot and the National Data information for HP2020 food safety.
HHS	Health.gov	www.health.gov/	health.gov includes health information and resources for individuals and families. This website is also a resource for healthfinder.gov, health communication, health literacy and e-health, the Physical Activity Guidelines, the Dietary Guidelines, the Dietary Reference Intakes, and the National Health Information Center.
HHS	Eat Healthy*Be Active Community Workshops	www.health.gov/dietaryguidelines/workshops	Download and teach the full 6 complete one-hour workshops that were developed - based on the <i>Dietary Guidelines for Americans, 2010</i> and <i>2008 Physical Activity Guidelines for Americans</i> .
HHS	Physical Activity	www.health.gov/paguidelines	The Midcourse Report, the Midcourse Report graphic, the 2008 Physical Activity Guidelines and the Physical Activity Blog are all located on this website. The Physical Activity Guidelines provide science-based guidance to help Americans aged 6 and older improve their health through appropriate physical activity.
HHS	Healthfinder.gov	www.healthfinder.gov	Healthfinder.gov is a government Web site where you will find information and tools to help you and those you care about stay healthy.
HHS	Healthcare.gov	www.healthcare.gov	A federal government website managed by the U.S. Department of Health & Human Services.
USDA	Center for Nutrition Policy and Promotion	www.cnpp.usda.gov	The USDA Center for Nutrition Policy and Promotion (CNPP) website houses MyPlate, SuperTracker, the 2010 Dietary Guidelines Advisory Committee Report, the 2010 Dietary Guidelines for Americans policy document, archived Dietary Guidelines and other Dietary Guideline information, MyFoodapedia, Know Your Farmer, Know Your Food, and the Cost of Raising a Child Calculator, as well as many other resources related to Food and Nutrition.

USDA	Nutrition Evidence Library	www.NEL.gov	USDA's Nutrition Evidence Library (NEL) specializes in conducting systematic reviews to inform Federal nutrition policy and programs. This website includes the 2010 Dietary Guidelines Advisory Committees NEL systematic reviews.
USDA	Healthy Eating Index – 2010 Report	http://www.cnpp.usda.gov/HealthyEatingIndex.htm	The Healthy Eating Index (HEI) is a measure of diet quality that assesses conformance to federal dietary guidance. The website includes the 2010, the 2005 HEI reports, as well as all of the original HEI reports.
USDA	USDA Food Patterns	http://www.cnpp.usda.gov/USDAFoodPatterns.htm	The USDA Food Patterns were developed to help individuals carry out Dietary Guidelines recommendations. USDA Food Patterns, sample meal patterns for the USDA Food Pattern at the 2000 calorie level, technical tables for the 2010 USDA Food Patterns, and technical tables for Food Patterns based on "Typical" rather than "Nutrient-Dense" Food Choices are included on this website.
USDA	MyPlate	www.choosemyplate.gov	MyPlate illustrates the five food groups that are the building blocks for a healthy diet using a familiar image—a place setting for a meal.
USDA	Supertracker	https://www.supertracker.usda.gov	Access USDA's SuperTracker to get personalized nutrition and physical activity plans, track foods and physical activities to see how they stack up. Get tips and support to make healthier choices and plan ahead.
USDA	Ten Tips Nutrition Education Series	http://www.cnpp.usda.gov/Publications.htm	Download the Ten Tips Nutrition Education Series that provides consumers and professionals with high quality, easy-to-follow tips in a convenient, printable format.
USDA	Nutrition Insights	http://www.cnpp.usda.gov/NutritionInsights.htm	The Nutrition Insights link will provide brief examinations of current food or nutrition topics through publications originated at CNPP.
USDA	Economic Research Service	http://www.ers.usda.gov/	The Economic Research Service (ERS) mission is to inform and enhance public and private decision making on economic and policy issues related to agriculture, food, the environment, and rural development. The ERS is a primary source of economic information and research in the U.S. Department of Agriculture.
USDA	Agricultural Research Service	http://www.ars.usda.gov/	The Agriculture Research Service (ARS) works to ensure that Americans have reliable, adequate supplies of high-quality food and other agricultural products. ARS accomplishes its goals through scientific discoveries that help solve problems in crop and livestock production, protection, human nutrition, and the interaction of agriculture and the environment.
USDA	Beltsville Human Nutrition Research Center	http://www.ars.usda.gov/ba/bhnrc	The Beltsville Human Nutrition Research Center (BHNRC) is the oldest and most comprehensive of six human nutrition research centers within the Agricultural Research Service. BHNRC laboratories conduct multi-disciplinary basic science and applied human nutrition research. BHNRC research is important to policy-makers, food producers, educators, other scientists and consumers in better understanding the relationships between agriculture, diet, and health.