The Dietary Guidelines for Americans is updated every five years by the U.S. Department of Health and Human Services (HHS) and U.S. Department of Agriculture (USDA). This policy document is used primarily by health professionals and policymakers. As they develop the Guidelines, HHS and USDA consider the report of the Dietary Guidelines Advisory Committee—an independent group of experts appointed to review current scientific evidence on nutrition and health—along with input from federal agencies and public comments (including other experts).

### From Advisory Report to Policy Document: Creating the Dietary Guidelines for Americans, 2015

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#### The 2015 Dietary Guidelines Advisory Committee
- Identifies topic areas and reviews current scientific evidence
- Receives and considers public comments and holds public meetings
- Drafts advisory report

#### HHS/USDA
- Publish Committee’s advisory report
- Begin writing Guidelines
- Solicit public and Federal agency comment
- Submit Guidelines for scientific and policy review
- Release Dietary Guidelines for Americans, 2015

#### Government, nutrition, and health professionals
- Translate Dietary Guidelines into policies, programs, and materials to reach the public

*The advisory report contains the Committee’s scientific review and findings for HHS/USDA. It is not the Dietary Guidelines for Americans, 2015 or a draft of the Guidelines.

Note: Timing is subject to change.

**MARCH 2015**