Appendix E-2: Supplementary Documentation to the 2015 DGAC Report

The 2015 DGAC used a variety of scientifically rigorous approaches to address its science-based questions. These approaches are described in Part C. Methodology. Slightly more than one-third of the questions were answered using a state-of-the-art systematic review process, and these reviews are publically available in the Nutrition Evidence Library (NEL) at www.NEL.gov.

The remaining questions were answered using existing sources of evidence (including systematic reviews, meta-analyses, or reports), data analyses, and food pattern modeling analyses. These three approaches allowed the Committee to ask and answer its questions in a systematic, transparent, and evidence-based way.

Appendix E-2 provides a list of supplementary documentation related to the existing sources of evidence and data analyses used by the Committee in evidence reviews (see Appendix E-3 for USDA Food Patterns for Special Analyses). These sources are publically available online through active links within this document at www.DietaryGuidelines.gov.

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- Appendix E-2.1 Usual intake distributions, 2007-2010, by age/gender groups
- Appendix E-2.2 Usual intake distributions as a percent of energy for fatty acids and macronutrients, 2007-2010, by age/gender groups
- Appendix E-2.3 Usual intake distributions for individuals age 71 and older, 2007-2010
- Appendix E-2.4 Usual intake distributions, 2007-2010, for pregnant and non-pregnant women in the U.S. ages 19-50 years
- Appendix E-2.5 Usual intake distributions for supplement users for folate, folic acid, vitamin D, calcium, and iron, 2007-2010, by age/gender groups
- Appendix E-2.6 Usual intake distributions for non-supplement users for folate, folic acid, vitamin D, calcium, and iron, 2007-2010, by age/gender groups

FOOD CATEGORIES
- Appendix E-2.7 Major categories and subcategories used in DGAC analyses of WWEIA Food Categories
Appendix E-2: Supplementary Documentation

Appendix E-2.8 Percent of total food group intake, 2009-2010, for U.S. population ages 2 years and older, from WWEIA Food Categories

Appendix E-2.9 Percent of total energy and nutrient intake, 2009-2010, for the U.S. population ages 2 years and older, from WWEIA Food Categories

Appendix E-2.10 Percent of total energy intake, 2009-2010, for age/sex groups of the U.S. population from WWEIA Food Categories

Appendix E-2.11 Percent of total energy intake, 2009-2010, for racial/ethnic groups of the U.S. population, from WWEIA Food Categories

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Appendix E-2.18 Total cholesterol and high density lipoprotein cholesterol (HDL), adults ages 20 years and older, NHANES 2009-2012

Appendix E-2.19 Low density lipoprotein cholesterol (LDL-C) and triglycerides, adults ages 20 years and older, NHANES 2009-2012

Appendix E-2.20 Prevalence of high blood pressure, adults ages 18 years and older, NHANES 2009-2012
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Appendix E-2.22  Total cholesterol, high density lipoprotein cholesterol (HDL), and non-HDL-cholesterol, children and adolescents ages 6-19 years, NHANES 2009-2012
Appendix E-2.23  Low density lipoprotein cholesterol (LDL-C) and triglycerides, adolescents ages 12-19 years, NHANES 2009-2012
Appendix E-2.24  Prevalence of high and borderline high blood pressure (BP), children and adolescents ages 8-17 years, NHANES 2009-2012

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DIETARY PATTERNS AND MEASURES OF BODY WEIGHT
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Appendix E-2.36  Evidence Portfolio
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SEAFOOD AND SUSTAINABILITY
Appendix E-2.38 Evidence Portfolio

USUAL CAFFEINE CONSUMPTION AND HEALTH
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SODIUM AND BLOOD PRESSURE IN ADULTS
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SATURATED FAT AND RISK OF CARDIOVASCULAR DISEASE
Appendix E-2.43 Evidence Portfolio

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PHYSICAL ACTIVITY

Appendix E-2.49  Existing Report Data Table