

## The Topic Formation Process

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### Topic Selection Criteria

Scope of the Dietary Guidelines  
 Address Food and Nutrition Issues that inform public health action to:

1. Promote population health or well-being
2. Reduce the significant burden of avoidable disease in whole US population or sub-populations

Major DGAC Focus is on:

- Food groups
  - Includes foods and beverages in them
- Dietary patterns
  - Amount and combination to promote health/prevent disease
- Nutrients considered, but changes to DRIs out of scope
  - Focus on food-based recommendations
- Social, behavioral, and/or environmental factors
- Food safety

### Topic Selection Criteria

Target populations

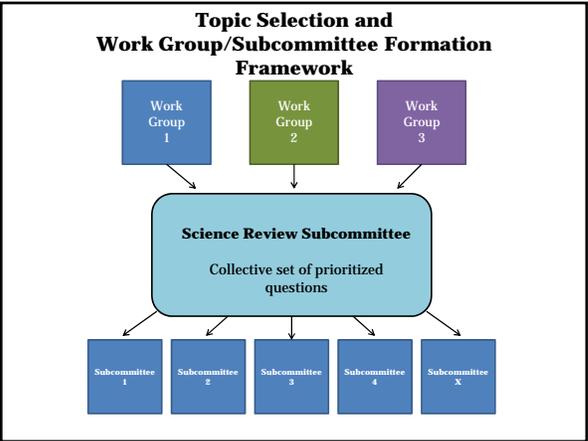
- Americans 2 years and older
- Not birth to 24 months of age
- Women who are pregnant or breastfeeding
- Large subpopulations at-risk

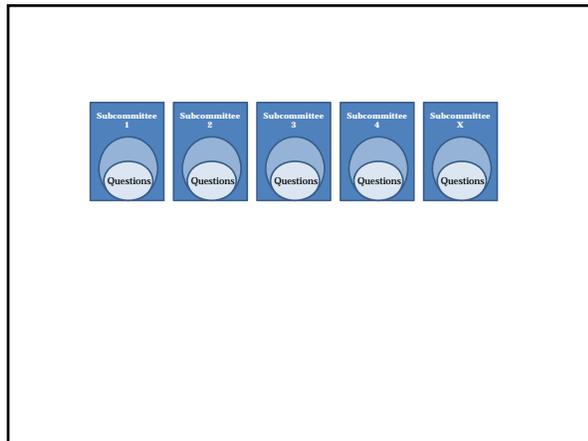
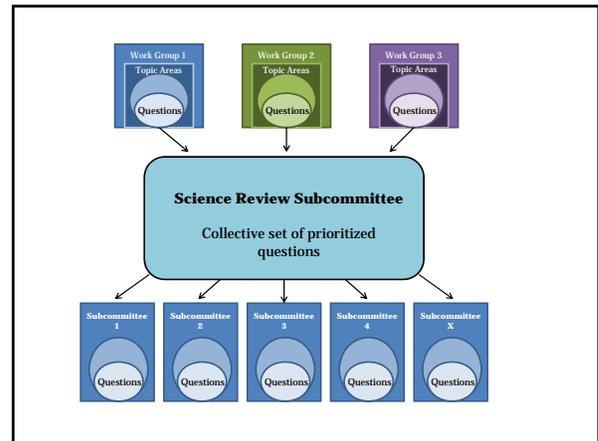
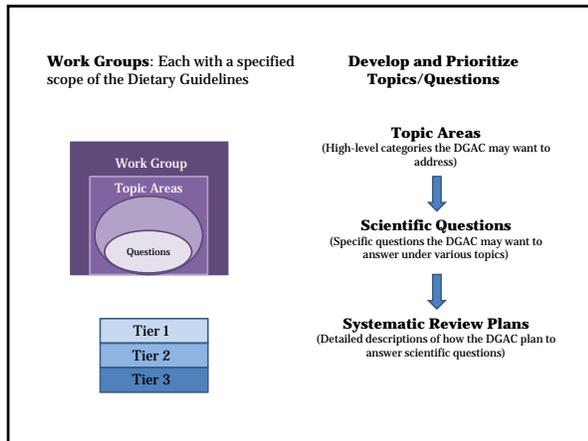
### Topic Selection Criteria

- Potential impact on food/nutrition-related outcomes
  - Health outcomes (e.g., body weight, CVD, cancer)
  - Diet-related outcomes (e.g., food intake, diet quality)
- Likelihood of informing recommendations
  - Suggest new guidance
  - Inform revision to current guidance
  - Represents important uncertainty/knowledge gap

### Topic Selection and Work Group/Subcommittee Formation Framework

- Science Review Subcommittee
- Proposed process for developing relevant scientific questions and prioritizing them in advance of commencing the work
- Subcommittees formed around work load of scientific questions





### Examining the Evidence

- NEL Systematic reviews
- Food pattern modeling analyses
- Data analyses
- Existing high-quality evidence-based reports
- Public comments